

# You Can Chant!

**Come to the new Jewish chanting circle/workshop** being offered at the start of the New Year at Kerem Shalom.

Jewish chanting is an expression of musical meditation that transports, elevates, uplifts, enlightens, inspires, and centers the spirit. It typically uses a short excerpt from a Hebrew prayer that is repeated over and over with a melody that fits the style and Kavanah (the intention) of the prayer. **It is traditional and innovative and creative and deep and alive.**

Many of the chants we will be singing were created by Rabbi Sheffa Gold, and are often sung with two part harmonies. **You do not need to know how to read music** — and no previous chant experience is required. If you have one, bring a drum or other percussion instrument or a guitar.

Jewish Chanting facilitates and promotes group connection by creating and sharing a spiritual energy within each individual and the group. In the words of Abraham Joshua Heschel, “**chanting lights a flame in the words of prayer.**”

**You Can Chant!** will be co-led by Kerem Shalom members Josef Kottler & Andrea DeSharone. **Come prepared to have your spirit uplifted** — as we open our hearts and minds in song together.

## Mark Your Calendar:

The chanting circles will take place on  
Sunday afternoons from 2:15 – 3:30 PM:

January 3	April 4
January 31	May 2
March 7	June 6



Adult education at  
**Kerem Shalom**

